



# EMERGENCY CONTACTS



Life-threatening emergency:	000 (Triple Zero) TTY: dial 106
VIC State Emergency Service:	132 500
Nurse-on-call:	1300 60 60 24
For current warnings in Victoria visit:	<a href="https://emergency.vic.gov.au">emergency.vic.gov.au</a>
National Relay Service (NRS):	<a href="https://relayservice.gov.au">relayservice.gov.au</a>
The deaf, hearing or speech impaired can call:	000 (Triple Zero) or VICSES using NRS
Speak and Listen (SSR) users phone:	1300 555 727
TTY/ Voice users phone:	13 36 77
Internet Relay users log into:	<a href="https://iprelay.com.au/call/">iprelay.com.au/call/</a> then enter: 132 500 or 000



## Actions to prepare: //

All agencies agree that one of the most important things you can do to be prepared for emergencies is to put together an emergency kit or backpack:



Drinking water & Long life food

**3 day supply**

Check your kit often. Make sure things work. Replace out of date items.

## When a warning is issued, have ready for use or pack into your kit:

Mobile phone & charger, Prescriptions & medicines, Clothing for your family for 3 days, Strong shoes, Pet needs.

**Other items you might like to add:**

## During an Emergency //

- Decide early whether you will evacuate and when. Late decisions can be deadly.
- Remember floodwater contains sewerage and can be dangerous.



## During a heatwave //

- **DRINK WATER** - Always take enough water with you.
- **STAY COOL** - Seek out air-conditioned buildings, cool showers and dress in light and loose clothing made from natural fabrics
- **NEVER** leave kids, adults or pets in hot cars.
- **PLAN AHEAD** - Schedule activities in the coolest part of the day.

## Other activities you can do to prepare //

- Talk to your neighbours (know who might need help and who might be able to help you).
- Visit the Bureau of Meteorology website for information on weather forecasts and warning.
- Ensure your house is prepared for:
  - Storms** (clean out your gutters, secure items too heavy to move inside, cut overhanging branches or trees).
  - Heatwaves** (install window coverings, check your fan is working). **Excessive Rain** (clean out your gutters).
- Learn how to safely turn off your power, water and gas.
- Check your insurance policy is up to date, adequate and includes the cost of clean-up and debris removal.

[www.communityriskreduction.org.au](https://www.communityriskreduction.org.au)



# MY HOME ESCAPE PLAN →



**Date last practiced:**

**Smoke alarm batteries changed on:**

**Longer term (2 weeks +)**

**My Pledge**

[www.communityriskreduction.org.au](http://www.communityriskreduction.org.au)



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